

## **AZ NUTRITION STANDARDS: SPECIAL MILK AND AFTERSCHOOL SNACK PROGRAM FAQs**

**1) Q: How do I know if a food/beverage item meets Arizona Nutrition Standards?**

A: Use the calculator located at: <https://www.azed.gov/NutritionStandards/> to determine if a food/beverage meets the standard.

**2) Q: What is the special milk program (SMP)?**

A: The SMP is a program developed to encourage milk consumption by school-age children by providing milk at low or no cost

**3) Q: Where can I find the guidance manual for Special Milk?**

A: The guidance manual is located at: [www.azed.gov/health-safety/cnp/milk/SpecialMilkGuidanceManual05-06.pdf](http://www.azed.gov/health-safety/cnp/milk/SpecialMilkGuidanceManual05-06.pdf)

**4) Q: What are “Afterschool Snacks”?**

A: The National School Lunch Program (NSLP) now offers cash reimbursement to help schools serve snacks to children after their regular school day ends. Afterschool snacks give children a nutritional boost and draw them into supervised activities that are safe, fun and filled with learning opportunities.

**5) Q: Is my afterschool care program eligible?**

A: In order for a site to participate, your school district must operate the NSLP. Additionally, the afterschool care program must provide children with regularly scheduled educational or enrichment activities in a supervised environment.

**6) Q: What type of snacks must be served in my program?**

A: In order to be reimbursed, the snacks must contain at least two different components of the following four: a serving of fluid milk; a serving of meat or meat alternate; a serving of vegetable(s) or fruit(s) or 100% vegetable or fruit juice; a serving of whole grain or enriched bread and/or cereal.