



Arizona Physical Therapy Association

Grant for Promotion of Physical Education 2011

Application Deadline: APRIL 25, 2011

Background and Purpose

In June of 2002, the American Physical Therapy Association (APTA) House of Delegates adopted a position on Physical Education Advocacy (HOD 06-02-31-10). The statement reads as follows:

It is the position of the APTA that the provision of regular physical education is an essential component of the education of all children. Physical education should provide students, K through 12, the opportunity for development and maintenance of physical fitness and motor skills. Therefore, the APTA, its components and members should act as advocates for physical education in the schools.

In support of this position, the Arizona Physical Therapy Association ([AzPTA](#)) has allocated grant funding for physical education programs to be awarded to three (3) Arizona schools according to the eligibility and criteria set forth in the following request for proposals. Middle schools have been chosen as the target student age group because of the alignment with health and fitness topics in the curriculum and the ability for these children to learn and comply with positive health behaviors. Low-income schools have been designated due to the disadvantage these student populations may have for organized physical activity and recreation both in the schools and in the community.

Goal

The purpose of this grant opportunity is to support, enhance or expand current physical education curricula to promote/encourage positive physical activity behaviors and lifetime fitness among middle school children.

Grant Eligibility

- Title I public or charter middle schools (grades 6-7-8) or Jr. High schools (grades 7-8) in Arizona
- Student representative(s) must be involved in the development of the proposal
- A member of the physical education faculty must be involved in the development and implementation of the proposal
- Funded activities should be initiated no later than the 1st quarter of the 2011-2012 school year
- All activities must include a plan for participation by students with physical disabilities

Selection Process

- The AzPTA Public Relations committee will first review proposals according to established guidelines. Those that meet grant eligibility will be further reviewed by the committee according to the evaluation guidelines.
- The top 3 candidates from each district will be submitted to the AzPTA Executive Board for 3rd level of review.
- AzPTA shall select proposals from each of the following [AzPTA Districts](#) (geographic regions of Arizona):
 - Districts 1, 2 & 3 – Maricopa County
 - District 4 – Southern Arizona Counties
 - District 5 – Northern Arizona Counties
- The AzPTA Executive Board will evaluate all recommended proposals based on the established guidelines.
- All grants are made in accordance without discrimination on the basis of race, color, national origin, sex, religion, age, disability or sexual orientation.

Evaluation Criteria

- Meet all eligibility requirements;
- Demonstrate ability to address the goal of the AzPTA Grant for Promotion of Physical Education;
- Active involvement of students in developing and implementing the proposed project or activity;
- Demonstrate the project or activity will bridge diversity and physical disability on campus and strive for optimal inclusiveness of all students;
- Demonstrate ability to plan and execute the project;
- Provide justification of how the project or activity meets the grant goal; and
- Commit to conduct a special event, activity or assembly to celebrate the award of the grant which would include presentation by a representative of the AzPTA Executive Board

Funding and Reporting

- Grant requests shall be up \$1,000;
- Grants shall be awarded in full by the end of the May 2011;
- Grant recipients shall participate in a presentation of the award by a representative of the AzPTA Board and consent to a press release;
- A written report is required to be submitted to AzPTA following implementation of the project or activity, no later than December 16, 2011.
- In addition, school representatives (one student and one faculty member) will be invited to present an oral report at a District meeting of the AzPTA in the geographical area where the school resides as arranged by the AzPTA District Representative.

Instructions for Narrative Proposal

- Format: The application shall be generated using a word processor (12-point font, double spaced) and shall not exceed 3 pages in addition to the cover sheet (see attached). Each page shall be clearly marked with the school's name in the upper right hand corner and numbered.
- Label each section and discuss each topic in the sequence given below.
- Submit by hard copy or electronically only to the addresses listed below
- Required elements of the proposal:
 - **Project Description**
 - **School description** - Describe your school, its size, grade levels, diversity of the community and need for this project.
 - **Project goals** - Describe the goals of the project
 - **Proposed activities** – Describe specific activities that will take place, including utilization of purchased equipment or materials supporting the PE curricula.
 - **Grant goals** - How does project/activity support grant goals?
 - **Implementation** – Describe how this project will be integrated into and enhance the school's current PE activities.
 - **Program continuation** - Describe plans to sustain the program beyond report period if applicable. If not, explain why.
 - **Awards Event** - Describe plans for a special event/assembly to celebrate the grant award. Include some type of media coverage (newspaper and/or TV) as an AzPTA representative will award an oversized check to the school.
 - **Project Budget** (Not to exceed \$1000) – itemize all expenditures related to the proposal including in kind services and total expenses.
 - **Implementation Timeline**
 - **Evaluation** – Describe how the success of the project will be evaluated based on the stated goals.
 - **Oversight** - Identify who will be responsible for implementing and evaluating the project.

Funding Restrictions

Grant funds shall NOT be used for:

- Staff salaries
- Fund raising projects
- Reduction of debt

Submission Requirements:

Applications shall be postmarked April 25, 2011

Mail to: AzPTA Public Relations Committee
Attention Mary Daley, PT, Public Relations Committee
3933 South McClintock Drive, Suite 505
Tempe, AZ 85282
480.603.4141 (facsimile) ♦ info@aptaaz.org ♦ www.aptaaz.org



**Arizona Physical Therapy Association
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Application Cover Sheet**

GENERAL INFORMATION

School: _____

School District: _____

Phone: _____ Fax: _____ Email: _____

Mailing Address: _____ City: _____ Zip: _____

PROJECT INFORMATION

Project Title: _____

Name of Grant Contact: _____

Phone: _____

Fax: _____

Project Start Date: _____

By signing below, the authorizing official certifies that the application and support documentation is accurate and true and agrees to submit a final report to the Arizona Physical Therapy Association upon the completion of the project as outlined in the funding and reporting requirements listed in the grant guidelines.

School Principal's Name: _____

Phone: _____

Principal's Signature: _____

Date: _____