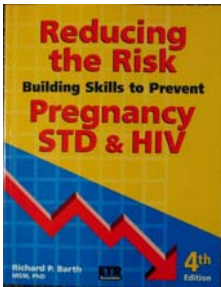
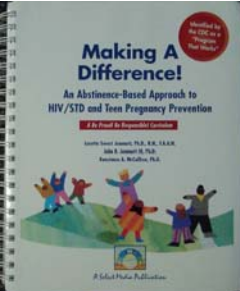


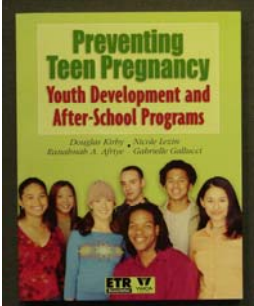
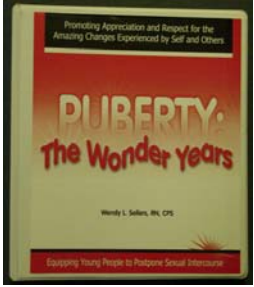


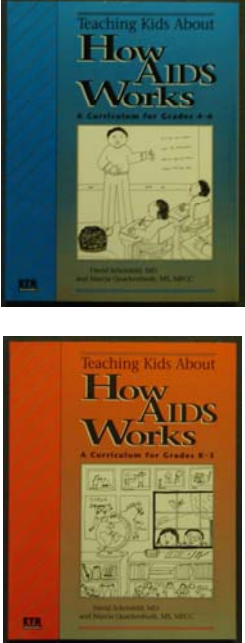


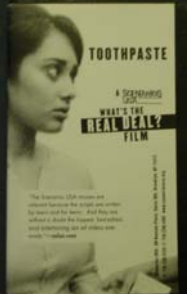
School Safety and Prevention Resource Catalog: HIV/Sex Education

These curricula have been approved by the Arizona Department of Education's Materials Review Committee (MRC) to ensure medical accurateness and compliance with state and federal laws.


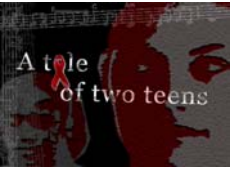
Advise! All elective sex education lessons to be offered shall first be approved by the local governing board (R7-2-303)

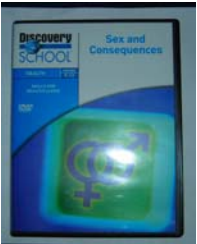


	<p>Reducing the Risk: Building Skills to Prevent Pregnancy, STD, & HIV 4th Edition</p>	<p>This research-proven curriculum addresses skills such as risk assessment, communication, decision making, planning, refusal strategies and delaying tactics. The major focus of this curriculum is the development of attitudes and skills that will help teens prevent pregnancy and the transmission of STD, including HIV. The lessons motivate students to take steps to avoid high-risk behaviors.</p> <p>Grade levels 9-12</p>	<p>Published by ETR Associates www.etr.org</p>
	<p>Making A Difference! An Abstinence-Based Approach to HIV/STD and Teen Pregnancy Prevention</p>	<p>This eight-module curriculum is designed to empower adolescents to change their behavior in ways that will reduce their risk of becoming infected with HIV, other STDs, and becoming or getting someone pregnant. Specifically, this curriculum advocates postponing sexual activity and emphasizes that abstinence is the only way to completely eliminate their risk for STDs, HIV, and pregnancy.</p> <p>Grade level 6-9</p>	<p>Published by Select Media, Inc. www.selectmedia.org</p>
	<p>Get Real About AIDS</p>	<p>Curricula are detailed and fact-based with age-appropriate messages. Their primary purpose is to reduce the risk of HIV transmission. The program attempts to reach children before they become sexually active, teaches social skills that will help them avoid risky sexual behavior, and promotes sexual abstinence.</p> <p>Grades 6-9, 9-12</p>	<p>AGC Media http://www.unitedlearning.com/curriculum_programs/graa.cfm?id=106</p>



	<p>Choosing the Best: WAY PATH LIFE JOURNEY</p>	<p><i>Choosing the Best</i> provides five age-appropriate abstinence curricula that are known for being easy to use, dynamic, and engaging. They're also proven tools in transforming attitudes and behavior of teens about premarital sex. Video vignettes, real life case studies, role plays, interactive exercises and small-group discussions create a directed learning environment that encourages "self-discovery".</p>	<p>Choosing The Best Publishing (Training Provided by <i>Choosing the Best Publishing LLC</i>) For more information and scheduling information contact Rachel Turner at 1-800-774-BEST or email rturner@ctbpublishing.com. http://www.choosingthebest.org/</p>
	<p>Preventing Teen Pregnancy: Youth Development and After-School Programs</p>	<p>This manual is designed for staff in youth-serving agencies who are interested in preventing teen pregnancy. The manual draws upon both evidence from research and wisdom from people who have expertise in program implementation. This manual identifies 13 types of programs with promise for reducing teen pregnancy and provides basic "nuts and bolts" information about how to implement them.</p>	<p>Published by ETR Associates ISBN 1-56071-616-9 www.etr.org</p>
	<p>Puberty: The Wonder Years</p>	<p>This manual provides students with information, builds self-efficacy, teaches skills, and encourages the use of those skills outside the classroom. There are 20 lessons in this curriculum for students in upper elementary to early middle school. They are organized into three clusters of lessons, called tiers. Each tier is designed to be taught as a unit for students in one grade; thus, there are lessons for three consecutive years.</p>	<p>Wendy L. Sellers, RN, CPS Published by Educational Materials Center at Central Michigan University www.emc.cmich.edu</p>

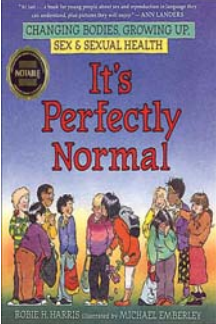

	<p>Teaching Kids About How AIDS Works: A Curriculum for Grades K-3 and Grades 4-6</p>	<p>These two curricula—for grades K through three and for grades four through six—include information and skills-building exercises to help young people prevent HIV/AIDS. These curricula include parents in the learning process; stress that young children have the capacity to understand complex issues if the message is delivered in a "clear, age-appropriate manner," and provide the teacher with background information. The K-through grade-three curriculum contains 21 lessons and five evaluation activities; the grade four through grade-six curriculum contains 28 lessons, seven evaluation activities, and seven family activities.</p>	<p>David Schonfeld, M.D., and Marica Quackenbush, M.S., M.F.C.C.</p> <p>Published by ETR Associates ISBN 1-56071-377-1 ISBN 1-56071-378-x</p> <p>www.etr.org</p>
	<p>Sex Smart for Teens: Abstinence Video/Facilitator's Guide</p>	<p>This video is intended for use in secondary schools, abstinence education presentations, hospital and community outreach programs, public health clinics, and faith-based groups. The target audience for this program is students ages 11-21. Encourages teens to consider abstinence as a healthy choice, Discusses the consequences of sex and offers peer testimonials, and explains effective decision-making and refusal skills.</p>	<p>InJoy Videos Distributed by ETR Associates</p> <p>VHS/34 minutes</p> <p>www.etr.org</p>
	<p>BloodBorne Pathogens: Protection In Educational Environments</p> <p>Video</p>	<p>This video details OSHA's Bloodborne Pathogens Standard (1910.1030) and the training specifically mandated for educators.</p>	<p>Coastal Training Technologies Corp. CAT.NO. BBP05V</p> <p>VHS/20 min.</p> <p>http://www.coastalschools.com/SCcatalog.pdf</p>
	<p>TOOTHPASTE; Video</p>	<p>Best friends discuss their ideas on what constitutes a relationship that is healthy enough for sex and its corresponding responsibilities. This film deals with dating pregnancy prevention, communication, self esteem, friendship and commitment.</p>	<p>Scenarios USA</p> <p>VHS/16 min.</p> <p>http://www.scenariosusa.org/</p>

	<p>AIDS UPDATE: The Latest Facts About HIV and AIDS</p>	<p>This program has been created to help teenagers understand the most current HIV and AIDS information. The program, along with the activities in this Teacher's Resource Book, will help students translate the growing body of HIV information into tools they can use to protect themselves against HIV infection.</p>	<p>Human Relations Media Distributed by ETR Associates</p> <p>DVD/28 min.</p> <p>www.etr.org</p>
	<p>What Kids Want To Know About Sex And Growing Up</p> <p>Video</p>	<p>An extensively researched program for 10-14 year olds that makes it easier to talk to students about puberty and sex. Topics include: the physical and emotional aspects of puberty, sexual intercourse, AIDS, conception, masturbation, peer pressure, parenting, and more.</p>	<p>GPN Educational Media Distributed by ETR Associates</p> <p>VHS/60 min.</p> <p>www.etr.org</p>
	<p>Oral Sex: Fair Game? DVD</p>	<p>Intended for grades 9-12. Explains the risks with oral sex. Includes interviews with medical experts, counselors and teens. Features a contemporary soundtrack designed to grab teens' attention.</p>	<p>ETR Associates</p> <p>DVD/22 min.</p> <p>www.etr.org</p>
	<p>HIV/AIDS A Personal and Global Perspective</p>	<p>An educational program in collaboration with the Henry J. Kaiser Family Foundation and Viacom/MTV. The topics include: Teen pregnancy, birth control, HIV/AIDS, STDs, risky and dangerous behavior.</p>	<p>DVD</p>
	<p>Sex Is Not A Game</p>	<p>In response to popular demand, The Medical Institute followed up their Telly-Award winning "Just Thought You Oughta Know" video with a high-impact portrayal of the consequences of casual sex. With emotional appearances from a variety of teens, this gripping video encourages teens to re-think their risky sexual behavior. Intended for grades 9-12.</p>	<p>The Medical Institute www.medinstitute.org/products</p> <p>Video Running time: 11 minutes.</p>

	<p>Optimal Sexual Health: Scientific Dimensions</p>	<p>This CD-Rom offers medically accurate information in over 800 slides saved as jpeg images which are easily incorporated into PowerPoint.</p> <p>This CD-Rom offers the ability to customize presentations to address specific audiences on a variety of sexual health topics. The following topics are available:</p> <p>*Optimal Sexual Health: Scientific Dimensions CD-ROM (complete set). This new resource offers an in-depth look at topics including:</p> <ul style="list-style-type: none"> • <u>Today's Sexual Health: An Overview</u> • <u>Sexually Transmitted Infections</u> • <u>Nonmarital Pregnancy</u> • <u>Alternate Sexual Practices</u> • <u>Abstinence</u> • <u>Contraceptives & Condoms</u> • <u>Marriage & Family</u> • <u>Anatomy/Physiology</u> • <u>Microbiology</u> • <u>Connected Parents</u> • <u>Sex Education</u> • <u>Healthcare Providers Make a Difference</u> 	<p>The Medical Institute www.medinstitute.org/products</p>
	<p>A Tale of Two Teens</p>	<p>The AIDS pandemic seen through the eyes of an American and South African girl. This documentary looks at how girls represent the new face of AIDS and how young people in South Africa are not speaking, but singing out about the disease killing their parents, teachers, neighbors, workers and friends. Teenagers praise this program as a reality show about an urgent and horrifying reality.</p>	<p>Cinema Guild, Inc. http://www.ataleoftwoteens.org/</p> <p>DVD/34 min.</p>

	<p>Skills For Healthy Living: Sex and Consequences</p>	<p>Not everyone is "doing it." Meet teens who have chosen abstinence and others who are struggling with the demands of parenthood. Intended for grades 9-12, the video is chaptered into navigable units to quickly find the right content segments. Key curricular video segments that include pre- and post-viewing questions in a format ideal for integration into classroom instruction.</p>	<p>Distributed by Discovery Education ISBN 1-59527-814-1</p> <p>www.discoveryschool.com</p> <p>DVD/30 min.</p>
	<p>Understanding HIV AND AIDS</p>	<p><i>"What is the difference between HIV and AIDS? How do you get it? Can I touch a person with AIDS? Is there a cure for HIV?"</i> Based on national health curriculum standards for middle school plus the latest science, this program arms students with the facts about HIV and AIDS. It presents an age-appropriate review of the basic terms, definitions and biology of the HIV virus plus means of infection, treatment, and protection. The program also sends a clear message that abstinence is the only 100% effective option for avoiding sexual transmission of the HIV virus.</p>	<p>Human Relations Media</p> <p>http://www.hrmvideo.com/</p> <p>DVD/ 18 min</p>
	<p>I Should Have Waited</p>	<p>Under constant pressure from peers and the media, one of the biggest decisions a teen has to make is whether or not to have sex. Without preaching, this program presents arguments against having sex too early.</p>	<p>Human Relations Media</p> <p>http://www.hrmvideo.com/</p> <p>DVD/ 27 min</p>

	<p>Thinking About Abstinence</p>	<p>This eye opening video features diverse voices of real teens who proudly choose abstinence in their lives. Abstinence is defined as not participating in sexual intercourse of any kind, including oral sex. Lauren, a 15 year-old from New Rochelle, NY describes how her goals would be compromised by having sex. Joshua 17, an African American writer and editor for a student magazine called Sex, Etc. opts for abstinence until marriage because of personal dreams and career goals. Lauren, an art major from Miami, enjoys hanging out with all her friends but doesn't think she is yet ready for a sexual relationship. Ian, a senior in San Diego enjoys dating, but chooses to steer clear of sexual activities for now. Then we visit Caitlin, a senior at Cornell University, who started a program called Time Out which coaches kids to explore their values when thinking about sex and relationships. Specific topics like sex in the media, why boundaries matter, confusing love and sex, risks and consequences of sex before you're ready, the importance of choosing friends, resisting drugs and alcohol, and setting life goals are thoroughly explored.</p>	<p>Human Relations Media</p> <p>http://www.hrmvideo.com/</p> <p>DVD/ 21 min</p>
	<p>AIDS Facts For Kids</p>	<p>Students learn about HIV and how it disables the immune system, leaving the infected person vulnerable to an array of diseases. A personable young narrator explains facts about HIV transmission for a young audience.</p> <ul style="list-style-type: none"> • Transmission from sex • Transmission from illegal drugs • Protection 	<p>Coastal Training Technologies Corp. CAT.NO. MSH01V</p> <p>VHS/9 min.</p> <p>http://www.coastalschools.com/SCcatalog.pdf</p>

	<p>It's Perfectly Normal</p> <p><i>(teacher resource only, not for classroom)</i></p>	<p>When young people have questions about sex, real answers can be hard to find. Providing accurate, unbiased answers to nearly every imaginable question, from conception and puberty to birth control and AIDS, IT'S PERFECTLY NORMAL offers young people the information they need — now more than ever — to make responsible decisions and to stay healthy. Already used as a trusted resource in twenty-five countries around the world (and translated into twenty-one languages), IT'S PERFECTLY NORMAL marks its tenth anniversary with a thoroughly updated edition that includes the latest information on such topics as birth control, hepatitis, HIV, and adoption, among others. This definitive new edition also reflects the recent input of parents, teachers, librarians, clergy, scientists, health professionals, and young readers themselves.</p>	<p>Publisher: Candlewick Press Pub. Date: July 2004</p> <p>ISBN-13: 9780763624330</p> <p>http://www.candlewick.com/</p>
	<p>It's So Amazing A Book about Eggs, Sperm, Birth, Babies, and Families</p> <p><i>(teacher resource only, not for classroom)</i></p>	<p>IT'S SO AMAZING! provides the fascinating answers--with fun, accurate, comic-book style artwork, and a clear, lively text that reflects an elementary-school child's interest in science and how things work. Throughout the book, a curious Bird and a squeamish Bee help tell the AMAZING story of how a baby is made--from the moment an egg and sperm join, through pregnancy, to birth.</p>	<p>Publisher: Candlewick Press Pub. Date: January 2002</p> <p>ISBN-13: 9780763613211</p> <p>http://www.candlewick.com/</p>

Clearinghouse Locations:

Tucson - Contact Jaymie Jacobs @ 520-745-4588

Phoenix – Contact Kay Lapid @ 602-340-7260

Function and Process for the Materials Review Committee

1. Why do we review materials?

We review materials to provide schools with a list of medically accurate, age-appropriate resources that comply with state and federal guidelines.

- *The Centers for Disease Control and Prevention (CDC) requires that materials used in CDC-funded Arizona Department of Education (ADE) activities be reviewed by a committee (Section 2500 b, c, and d, of the Public Health Services Act).*
- *Arizona Revised Statute (ARS 15-716) requires that ADE provide a suggested course of study at the request of a school district.*
- *We want schools to have access to HIV, STD, sex education, and human development resources that are medically accurate and age-appropriate.*
- *We want materials that have been reviewed and approved by a variety of individuals (e.g., teachers, school nurses, administrators, community health educators, parents, and students) to be available to schools.*

2. What criteria do we use for approving HIV materials?

We use a product review sheet to evaluate materials based on:

- *the components of state and federal policies that prescribe the contents of HIV, STD, human development, and sex education materials;*
- *the accurateness of information presented within the material;*
- *and if the material is appropriate for the number of pupils in a typical classroom.*

3. How is a material approved?

The majority of committee members must approve the material based on the criteria stated above. The Committee Chair (the ADE HIV Prevention Project Coordinator) will select materials for the meetings, facilitate meetings, and record committee decisions. Committee members, school personnel, and other CDC grant recipients can also arrange for materials to be reviewed by the committee.

4. What happens to the materials once they have been approved?

ADE allots a portion of CDC funds to be used for purchasing materials. These items become available resources for school personnel to preview. ADE currently contracts with two regional clearinghouses to house the approved materials. ADE tracks materials that are reviewed and approved.